The most loving, caring, empathetic person – a most beautiful soul.

This is Braxton.

It was my first day back at work when I got a call from my mum. She had put him down for a nap when she noticed something was not right. Rather than wait, mum rushed him to hospital and then called me. I apologised to my boss and just raced out the door.

There were so many thoughts that went through my mind. Along with fear, worry and the stress of not completely understanding what had happened to my Braxton. **Hospital staff told me they estimated Braxton had a 38-minute seizure!** After a number of scans and tests he was diagnosed with Benign Rolandic Epilepsy.

As Braxton got older the seizures became more intense and frequent. There'd be periods where he had none and then he would **average 40 - 45 minute seizures.** His shortest seizures were around 30 minutes long. He was also diagnosed with focal epilepsy where it's like he's having a stroke. That then turns into tonic-clonic epilepsy where his whole body shakes and convulses.

There must be some kind of impact on Braxton with all the seizure activity. *Is he going to struggle to have a relationship, get married, have children? Is he going to be able to hold down a job if he's having seizures? Are people going to judge him because he has epilepsy?*

It's terrifying not knowing if he's going to have another seizure and what his future will be like. You want your child to be healthy and happy. You don't want anything wrong with them. And then epilepsy comes along and tips all that over.

As Braxton gets older it's natural for his friends to want to do sleepovers. But it's difficult with his seizures. I can't put the responsibility of my child and his seizures onto another parent to know what to do and how to keep him safe. When he's home, I know what to do to get him through his seizures and then check he's okay.

Thankfully our neurologist worked out the medications to bring Braxton's seizures under control. He now experiences a seizure about every 10 days. **The best part – they're now under 5 minutes!**

Our neurologist also told us about the Epilepsy Foundation. **They have been a godsend! Whenever we've needed their support, they've been here for us.** They provide information, answer every question we have, guide us, develop plans for Braxton, train us on administering midazolam... They've provided his teachers with education and training on his epilepsy.

I don't know how I would have gotten through this without the Foundation by my side. I feel 100% more confident in knowing what to do when Braxton has a seizure.

I can deal with this situation because I have the support I need from the Epilepsy Foundation. We are going to be alright!